Tobacco-Free Youth Campaign 4.0
ADVANCED ACADEMY, INDORE

Pledge Title: Say No To Tobacco

Say No To Tobacco

As part of the Tobacco Free Youth Campaign, I pledge that

- I shall never use or consume any type of tobacco products in my life.
- I shall motivate all my family members, friends and acquaintances also to not to use any tobacco products.
- I shall also contribute to the protection of my environment from use of tobacco products.
- I shall encourage at least 10 other persons to take this pledge which I am taking today.
- I shall contribute to a tobacco-free society.





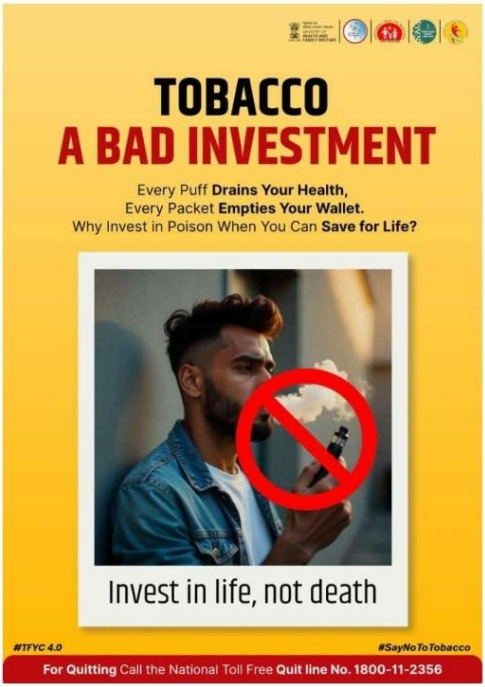







TOBACCO KILLS
your loved ones too.
Quitting it is up to you.
#TFYC 4.0
#SayNoToTobacco
For Quitting Call the National Toll Free Quit line No. 1800-11-2356




TOBACCO
A BAD INVESTMENT
Every Puff Drains Your Health,
Every Packet Empties Your Wallet.
Why Invest in Poison When You Can Save for Life?
Invest in life, not death
#TFYC 4.0
#SayNoToTobacco
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TOBACCO SLOWS YOU DOWN
Say No To Tobacco
Heavy Lungs.
Low Stamina.
No Progress.
#1TYC 4.0
#SayNoToTobacco
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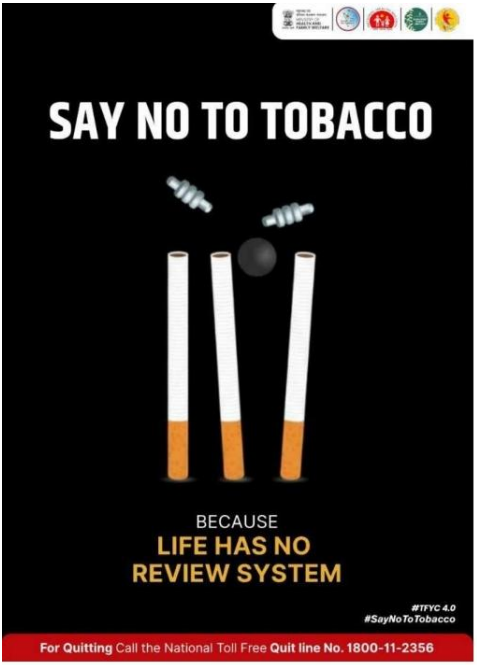
SAY NO TO TOBACCO
BECAUSE
LIFE HAS NO REVIEW SYSTEM
#1TYC 4.0
#SayNoToTobacco
For Quitting Call the National Toll Free Quit line No. 1800-11-2356





In line with India's commitment to tobacco control and safeguarding children and young people from the harmful effects of tobacco, Advanced Academy conducted an awareness activity under the Tobacco-Free Youth Campaign 4.0.

Under the guidance of Principal Mrs. Usha Kiran Tomar and Director Dr. Savita Rai, the activity aimed to create awareness among students about the harmful effects of tobacco consumption and to encourage them to adopt a healthy, tobacco-free lifestyle.

Students were sensitised about the serious health risks associated with tobacco use, including various diseases and addiction.

As part of the campaign, a Tobacco-Free Pledge was administered to students. They pledged to stay away from all forms of tobacco, make healthy choices and spread awareness about the harmful effects of tobacco among their family members and the community.

The activity witnessed enthusiastic participation from students and reinforced the importance of making responsible choices for a healthier and tobacco-free future.

Through this initiative, Advanced Academy reaffirmed its commitment to promoting a healthy, safe and tobacco-free environment for all.